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News Release

FOR IMMEDIATE RELEASE

From: Trish Lees, 928-679-7331

Date: November 9, 2009

Children's Seasonal Flu Vaccine Available

The Coconino County Health Department (CCHD) recently received a small supply of children's seasonal flu vaccine. Appointments for seasonal flu shots are available for children aged 6 months through 18 years for clinics beginning Monday, November 16 at the CCHD Clinic, 2625 N. King Street. Flagstaff.

In addition, H1N1 (swine) flu intranasal mist vaccine is available for healthy children aged 2 through 4 years old. Appointments are available while vaccine supplies last and clinic schedules are based on vaccine availability.

Call the CCHD Flu Information Line at 928-679-7300 or toll-free at 1-877-679-7272 to make an appointment. Appointments are required.

Seasonal flu vaccinations for children aged 18 and under are \$15. No one will be denied service due to inability to pay.

Vaccinations are free for people who have Blue Cross Blue Shield of Arizona (excluding Medicare supplement customers and Out-of-state Blue Cross and/or Blue Shield plan members), Medicare, AHCCCS, Health Choice Arizona and Phoenix Health Plans. *You must present your insurance card at the time of service.*

There is no out-of-pocket cost for the H1N1 (swine) flu vaccine. Please bring your insurance card if you are covered.

In addition to getting a seasonal flu shot, good health habits will help you stay well. These simple actions can stop the spread of germs and help protect you and others from getting sick:

- Wash your hands frequently during the flu season.
- Avoid touching your eyes, nose or mouth.
- Avoid contact with people who are sick.
- Cover your mouth with your upper sleeve or with a tissue when coughing or sneezing.
- Don't share eating utensils, cups, or straws.
- Stay home when you are sick.

For more information, call the Coconino County Health Department Flu Information Line at 928-679-7300 or toll-free 1-877-679-7272.

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